

# PERSONAL SAFETY BEGINS WITH YOU!<sup>SM</sup>



in Partnership with  
**Jane Doe No More™**

[Escape Alive Home](#)
[About Us](#)
[Upcoming Classes](#)
[Media Gallery](#)
[Contact Us](#)


## Register for Escape Alive Survival Skills®

View important information and registration for upcoming Escape Alive Survival Skills classes below

### General Registration Information

There are currently 2 class levels offered; additional levels will be added soon:

- **EA1- Escape Alive Level 1**- Basic class- No experience necessary
- **EA2- Escape Alive Level 2**- Intermediate class- Participants must attend EA1 before participating in an EA2 class. EA 2 classes start with a review of basics from EA 1, teach new strikes and concepts, and introduce participants to new self defense scenarios
- **EA8wk- 8 week session**- Basic to intermediate class- No experience necessary. Classes run in 8 week sessions at East Coast Training Systems in Waterbury, CT. For info email [info@escapealive.net](mailto:info@escapealive.net).

Escape Alive/Jane Do No ...



**Mother/Daughter** classes listed below include focus points geared to teens such as mother/daughter communication, online safety, peer interaction, etc.

**Mother/Daughter** classes are open to individuals, not only mothers and their daughters

Registration for each event varies. Please click the registration link for the specific event to register.

All participants under the age of 18 must be accompanied by a parent/guardian at time of entry.

Participants should arrive 15 minutes before the scheduled start time. First portion of the class is presentation and discussion, participants are seated.

**Participants should wear clothing appropriate for physical activity and bring fluids to stay hydrated. Food is NOT provided.**

Classes can run late depending on a number of factors. Participants are never required to stay past the end time posted, but are encouraged to stay if

The 2017 free classes listed below are in partnership with Jane Doe No More® and are sponsored by:



Date	Class Info- 2017	EA Level	Cost	Register
1/6-2/24/17	<p><u>Location:</u> East Coast Training Systems, 520 Watertown Ave., Waterbury, CT</p> <p><u>Time:</u> 6-7 pm, every Friday</p> <p><u>General info:</u> Women and girls only, 12 yrs and older with parental permission, No experience necessary.</p> <p><u>Printable flyer:</u> <a href="#">CLICK HERE</a></p> <p><u>Directions:</u> <a href="#">CLICK HERE</a></p>	EA8wk	\$99/person \$175 for 2 people	<a href="#">CLICK HERE</a>
2/11/17	<p><u>Location:</u> Tyrrell Middle School, 500 Todd Road, Wolcott, CT</p> <p><u>Time:</u> 9 am-1 pm</p> <p><u>General info:</u> Women and girls only, 12 yrs and older with parental permission, <b>this is a mother/daughter class (Note: participants do not have to be with mother or daughter to participate)</b>. No experience necessary.</p> <p><u>Printable flyer:</u> <a href="#">CLICK HERE</a></p> <p><u>Directions:</u> <a href="#">CLICK HERE</a></p>	EA1	FREE	<a href="#">CLICK HERE</a>
2/17/17	<p><u>Location:</u> Capital Prep Harbor, 777 Main Street, Bridgeport, CT</p> <p><u>Time:</u> 5-9 pm</p> <p><u>General info:</u> Women and girls only, 12 yrs and older with parental permission, <b>this is a mother/daughter class (Note: participants do not have to be with mother or daughter to participate)</b>. No experience necessary.</p> <p><u>Printable flyer:</u> <a href="#">CLICK HERE</a></p> <p><u>Directions:</u> <a href="#">CLICK HERE</a></p>	EA1	FREE	<a href="#">CLICK HERE</a>
3/11/17	<p><u>Location:</u> Boys and Girls Club of Lower Naugatuck Valley, Ansonia Clubhouse, 28 Howard Ave., Ansonia, CT</p> <p><u>Time:</u> 9-1 pm</p>	EA1	FREE	<a href="#">CLICK HERE</a>

	General info: Hosted by Sikorsky Women's Forum. Women only, 15 yrs and older with parental permission, No experience necessary Printable flyer: <a href="#">CLICK HERE</a> Directions: <a href="#">CLICK HERE</a>			

The 2016 free classes listed below are in partnership with Jane Doe No More® and are sponsored by:



**SIKORSKY**  
A LOCKHEED MARTIN COMPANY



Timeless Impact



**Savings Bank**  
of Danbury



Date	Class Info- 2016	EA Level	Cost	Register
1/24/16	<u>Location:</u> St. Marks Episcopal Church, 111 Oenoke Ridge, New Canaan, CT <u>Time:</u> 1-5 pm <u>General info:</u> Women and girls only, 12 yrs and older with parental permission, <b>this is a mother/daughter class (Note: participants do not have to be with mother or daughter to participate)</b> . No experience necessary. <u>Printable flyer:</u> <a href="#">CLICK HERE</a> <u>Directions:</u> <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>
1/31/16	<u>Location:</u> Get Fit Plus, 76 Westbury Park Rd., Ste 105 E, Watertown, CT <u>Time:</u> 11 am-3 pm <u>General info:</u> Women only, 15 yrs and older with parental permission, No experience necessary <u>Printable flyer:</u> <a href="#">CLICK HERE</a> <u>Directions:</u> <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>
2/7/16	<u>Location:</u> The National Charity League, Westport, CT <u>General info:</u> This is a private class. If you have a group of 40 people or more contact us to schedule your private class.	EA1	Sponsored	Private
2/28/16	<u>Location:</u> Hospital for Special Care, 370 Osgood Ave., New Britain, CT <u>Time:</u> 1-5 pm <u>General info:</u> Women and girls only, 12 yrs and older with parental permission, <b>this is a mother/daughter class (Note: participants do not have to be with mother or daughter to participate)</b> . No experience necessary. <u>Printable flyer:</u> <a href="#">CLICK HERE</a> <u>Directions:</u> <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>
3/4/16	<u>Location:</u> Wolcott High School, 457 Boundline Road, Wolcott, CT <u>Time:</u> 5-9 pm <u>General info:</u> Women only, 15 yrs and older with parental permission, No experience necessary <u>Printable flyer:</u> <a href="#">CLICK HERE</a> <u>Directions:</u> <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>
3/12/16	<u>Location:</u> Southington High School, East Gym, 720 Pleasant Street, Southington, CT <u>Time:</u> 9 am- 1 pm <u>General info:</u> Women only, 15 yrs and older with parental permission, No experience necessary <u>Printable flyer:</u> <a href="#">CLICK HERE</a> <u>Directions:</u> <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>
4/1/16	<u>Location:</u> Holy Cross HS, Oronoke Rd., Waterbury, CT <u>Time:</u> 5-9 pm <u>General info:</u> Women only, 15 yrs and older with parental permission, No experience necessary <u>Printable flyer:</u> <a href="#">CLICK HERE</a> <u>Directions:</u> <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>
4/3/16	<u>Location:</u> Meriden Boys and Girls Club, 15 Lincoln Street, Meriden, CT <u>Time:</u> 1-5 pm <u>General info:</u> Women only, 15 yrs and older with parental permission, No experience necessary <u>Printable flyer:</u> <a href="#">CLICK HERE</a> <u>Directions:</u> <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>
4/23/16	<u>Location:</u> Memorial Hall, Main Street, Bethlehem, CT <u>Time:</u> 1-5 pm <u>General info:</u> Hosted by Soroptimist of Waterbury- Women only, 15 yrs and	EA1	FREE	<a href="#">CLICK HERE</a>

	older with parental permission, No experience necessary Printable flyer: <a href="#">CLICK HERE</a> Directions: <a href="#">CLICK HERE</a>			
4/29/16	<b>Location:</b> Waterbury Career Academy, 175 Birch Street, Waterbury, CT <b>Time:</b> 4-8 pm <b>General info:</b> Women and girls only, 12 yrs and older with parental permission, <b>this is a mother/daughter class (Note: participants do not have to be with mother or daughter to participate)</b> . No experience necessary. Printable flyer: <a href="#">CLICK HERE</a> Directions: <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>
5/14/16	<b>Location:</b> Wamogo Regional HS, 96 Wamogo Rd., Litchfield, CT <b>Time:</b> 9 am-1 pm <b>General info:</b> Women and girls only, 12 yrs and older with parental permission, <b>this is a mother/daughter class (Note: participants do not have to be with mother or daughter to participate)</b> . No experience necessary. Printable flyer: <a href="#">CLICK HERE</a> Directions: <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>
5/28/16	<b>Location:</b> Naugatuck HS, 543 Rubber Ave., Naugatuck, CT <b>Time:</b> 9 am-1 pm <b>General info:</b> Women and girls only, 12 yrs and older with parental permission, <b>this is a mother/daughter class (Note: participants do not have to be with mother or daughter to participate)</b> . No experience necessary. Printable flyer: <a href="#">CLICK HERE</a> Directions: <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>
6/26/16	<b>Location:</b> Kerrian Company, 354 Woodmont Rd., Milford, CT <b>Time:</b> 11 am-3 pm <b>General info:</b> Women and girls only, 12 yrs and older with parental permission, <b>this is a mother/daughter class (Note: participants do not have to be with mother or daughter to participate)</b> . No experience necessary. Printable flyer: <a href="#">CLICK HERE</a> Directions: <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>
8/26/16	<b>Location:</b> reSet Social Enterprise Trust Business Factory, 1429 Park Street, Suite #144, Hartford, CT 06106 <b>Time:</b> 5-9 pm <b>General info:</b> Women only, 15 yrs and older with parental permission, No experience necessary Printable flyer: <a href="#">CLICK HERE</a> Directions: <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>
9/24/16	<b>Location:</b> Charland Institute of Karate and Fitness, 979 Main St, Watertown, CT <b>Time:</b> 12-4 pm <b>General info:</b> Women and girls only, 12 yrs and older with parental permission, <b>this is a mother/daughter class (Note: participants do not have to be with mother or daughter to participate)</b> . No experience necessary. Printable flyer: <a href="#">CLICK HERE</a> Directions: <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>
10/16/16	<b>Location:</b> Fairfield Woods Middle School, 1115 Fairfield Woods Road, Fairfield, CT <b>Time:</b> 11-3 pm <b>General info:</b> Women and girls only, 12 yrs and older with parental permission, <b>this is a mother/daughter class (Note: participants do not have to be with mother or daughter to participate)</b> . No experience necessary. Printable flyer: <a href="#">CLICK HERE</a> Directions: <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>
10/21/16	<b>Location:</b> Cheshire Academy, 10 Main Street, Cheshire, CT <b>Time:</b> 5-9 pm <b>General info:</b> Women only, 15 yrs and older with parental permission, No experience necessary. Printable flyer: <a href="#">CLICK HERE</a> Directions: <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>
11/13/16	<b>Location:</b> Timothy Edwards Middle School, 100 Arnold Way, South Windsor, CT <b>Time:</b> 12-4 pm <b>General info:</b> Women only, 15 yrs and older with parental permission, No experience necessary. Printable flyer: <a href="#">CLICK HERE</a> Directions: <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>
11/18/16	<b>Location:</b> Terryville High School Gym, 33 North Harwinton Ave., Terryville, CT <b>Time:</b> 4-8 pm <b>General info:</b> Women only, 15 yrs and older with parental permission, No experience necessary. Printable flyer: <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>

	Directions: <a href="#">CLICK HERE</a>			
11/19/16	<b>Location:</b> East Coast Training Systems, 520 Watertown Ave., Waterbury, CT <b>Time:</b> 9 am-1 pm <b>General info:</b> Hosted by Bigs Ignite. Women and girls only, 12 yrs and older with parental permission, <b>this is a mother/daughter class (Note: participants do not have to be with mother or daughter to participate)</b> . No experience necessary. <b>Printable flyer:</b> <a href="#">CLICK HERE</a> <b>Directions:</b> <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>
12/3/16	<b>Location:</b> Southwick Town Hall, 454 College Highway, Southwick, MA <b>Time:</b> 1-5 pm <b>General info:</b> Women only, 15 yrs and older with parental permission, No experience necessary. <b>Printable flyer:</b> <a href="#">CLICK HERE</a> <b>Directions:</b> <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>
12/17/16	<b>Location:</b> Norwalk City Hall, 125 East Ave., Norwalk, CT <b>Time:</b> 9 am-1 pm <b>General info:</b> Women only, 15 yrs and older with parental permission, No experience necessary. <b>Printable flyer:</b> <a href="#">CLICK HERE</a> <b>Directions:</b> <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>

The 2015 free classes listed below are in partnership with Jane Doe No More™ and are sponsored by:



**Sikorsky**  
A United Technologies Company



**MAIN STREET**  
Financial Group, LLC



Date	Class Info- 2015	EA Level	Cost	Register
1/17/15	<b>Location:</b> Shorin Ryu Karate, 71 West Main Street, Meriden, CT <b>Time:</b> 10-1:30 pm <b>General info:</b> Women and girls only, 12 yrs and older with parental permission, <b>this is a mother/daughter class (Note: participants do not have to be with mother or daughter to participate)</b> . No experience necessary. <b>Printable flyer:</b> <a href="#">CLICK HERE</a> <b>Directions:</b> <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>
1/31/15	<b>Location:</b> Three Rivers Community College, 574 New London Tpke, Norwich, CT <b>Time:</b> 10-1:30 pm <b>General info:</b> Women only, 15 yrs and older with parental permission, No experience necessary <b>Printable flyer:</b> <a href="#">CLICK HERE</a> <b>Directions:</b> <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>
2/8/15	<b>Location:</b> Wtby Citizen Patrol, Cong Bnai Shalom Synagogue, 135 Roseland Ave., Waterbury, CT <b>Time:</b> 11-2:30 pm <b>General info:</b> Women only, 15 yrs and older with parental permission, No experience necessary <b>Printable flyer:</b> <a href="#">CLICK HERE</a> <b>Directions:</b> <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>
3/13/15	<b>Location:</b> Waterbury Career Academy, 175 Birch Street, Waterbury, CT <b>Time:</b> 4-7:30 pm <b>General info:</b> Women and girls only, 12 yrs and older with parental permission, <b>this is a mother/daughter class (Note: participants do not have to be with mother or daughter to participate)</b> . No experience necessary. <b>Printable flyer:</b> <a href="#">CLICK HERE</a> <b>Directions:</b> <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>
3/14/15	<b>Location:</b> Granby Youth Services, 15 North Granby Rd., Granby, CT <b>Time:</b> 1-4:30 pm <b>General info:</b> Women and girls only, 12 yrs and older with parental permission, <b>this is a mother/daughter class (Note: participants do not have to be with mother or daughter to participate)</b> . No experience necessary. <b>Printable flyer:</b> <a href="#">CLICK HERE</a> <b>Directions:</b> <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>
3/29/15	<b>Location:</b> Tribury Karate and Fitness, 1432 Old Waterbury Rd., Southbury, CT <b>Time:</b> 1-4:30 pm	EA1	FREE	<a href="#">CLICK HERE</a>

	<p>General info: Women only, 15 yrs and older with parental permission, No experience necessary  Printable flyer: <a href="#">CLICK HERE</a>  Directions: <a href="#">CLICK HERE</a></p>			
4/25/15	<p>Location: Wamogo Regional HS, 96 Wamogo Rd., Litchfield, CT  Time: 11 am-2:30 pm  General info: Women only, 15 yrs and older with parental permission, No experience necessary  Printable flyer: <a href="#">CLICK HERE</a>  Directions: <a href="#">CLICK HERE</a></p>	EA1	FREE	<a href="#">CLICK HERE</a>
5/1/15	<p>Location: Woodland Regional HS, 135 Back Rimmon Rd., Beacon Falls, CT  Time: 4 pm-7:30 pm  General info: Women and girls only, 12 yrs and older with parental permission, <b>this is a mother/daughter class (Note: participants do not have to be with mother or daughter to participate)</b>. No experience necessary.  Printable flyer: <a href="#">CLICK HERE</a>  Directions: <a href="#">CLICK HERE</a></p>	EA1	FREE	<a href="#">CLICK HERE</a>
6/14/15	<p>Location: First Congregational Church, 1009 Main Street, Branford, CT  Time: 12 pm-3:30 pm  General info: Women and girls only, 12 yrs and older with parental permission, <b>this is a mother/daughter class (Note: participants do not have to be with mother or daughter to participate)</b>. No experience necessary.  Printable flyer: <a href="#">CLICK HERE</a>  Directions: <a href="#">CLICK HERE</a></p>	EA1	FREE	<a href="#">CLICK HERE</a>
6/20/15	<p>Location: New Britain YMCA, 50 High Street, New Britain, CT  Time: 11 am-2:30 pm  General info: Women only, 15 yrs and older with parental permission, No experience necessary.  Printable flyer: <a href="#">CLICK HERE</a>  Directions: <a href="#">CLICK HERE</a></p>	EA1	FREE	<a href="#">CLICK HERE</a>
6/28/15	<p>Location: Farmington High School, 10 Monteith Drive, Farmington, CT  Time: 1 pm-4:30 pm  General info: Women and girls only, 12 yrs and older with parental permission, <b>this is a mother/daughter class (Note: participants do not have to be with mother or daughter to participate)</b>. No experience necessary.  Printable flyer: <a href="#">CLICK HERE</a>  Directions: <a href="#">CLICK HERE</a></p>	EA1	FREE	<a href="#">CLICK HERE</a>
7/11/15	<p>Location: St. Thomas School, 30 North Main Street, Thomaston, CT  Time: 9 am-12:30 pm  General info: Women and girls only, 12 yrs and older with parental permission, <b>this is a mother/daughter class (Note: participants do not have to be with mother or daughter to participate)</b>. No experience necessary.  Printable flyer: <a href="#">CLICK HERE</a>  Directions: <a href="#">CLICK HERE</a></p>	EA1	FREE	<a href="#">CLICK HERE</a>
7/18/15	<p>Location: Waterbury Police Activity League, 64 Division Street, Waterbury, CT  Time: 10 am-1:30 pm  General info: Women and girls only, 12 yrs and older with parental permission, <b>this is a mother/daughter class (Note: participants do not have to be with mother or daughter to participate)</b>. No experience necessary.  Printable flyer: <a href="#">CLICK HERE</a>  Directions: <a href="#">CLICK HERE</a></p>	EA1	FREE	<a href="#">CLICK HERE</a>
7/26/15	<p>Location: Mandell Jewish Community Ctr, 335 Bloomfield Ave, West Hartford, CT  Time: 11 am-3 pm  General info: Women only, 15 yrs and older with parental permission, No experience necessary.  Printable flyer: <a href="#">CLICK HERE</a>  Directions: <a href="#">CLICK HERE</a></p>	EA1	FREE	<a href="#">CLICK HERE</a>
8/8/15	<p>Location: Stonington Community Center, 28 Cutler Street, Stonington, CT  Time: 1 pm-4:30 pm  General info: Women and girls only, 12 yrs and older with parental permission, <b>this is a mother/daughter class (Note: participants do not have to be with mother or daughter to participate)</b>. No experience necessary.  Printable flyer: <a href="#">CLICK HERE</a>  Directions: <a href="#">CLICK HERE</a></p>	EA1	FREE	<a href="#">CLICK HERE</a>
8/30/15	<p>Location: BMW of Bridgeport, 43 North Ave., Bridgeport, CT  Time: 12-3:30 pm  General info: This is a private class. If you are a customer of BMW of Bridgeport please contact them directly for availability.</p>	EA1	Private	Private
10/2/15	<p>Location: The Hartford Insurance Co., Hartford, CT  General info: This is a private class. If you have a group of 40 people or more contact us to schedule your private class.</p>	EA1	Private	Private

10/3/15	<u>Location:</u> St Mary's Hospital, Waterbury, CT <u>General info:</u> This is a private class. If you have a group of 40 people or more contact us to schedule your private class.	EA1	Private	Private
10/24/15	<u>Location:</u> Naugatuck YMCA, 284 Church St., Naugatuck, CT <u>Time:</u> 12-4 pm <u>General info:</u> Women only, 15 yrs and older with parental permission, No experience necessary. <u>Printable flyer:</u> <a href="#">CLICK HERE</a> <u>Directions:</u> <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>
11/15/15	<u>Location:</u> Greater Valley Chamber of Commerce, 10 Progress Dr, 2 <sup>nd</sup> Floor, Shelton, CT <u>Time:</u> 1-5 pm <u>General info:</u> Women only, 15 yrs and older with parental permission, No experience necessary. <u>Printable flyer:</u> <a href="#">CLICK HERE</a> <u>Directions:</u> <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>
11/20/15	<u>Location:</u> Terryville High School, 33 N Harwinton Ave., Plymouth, CT <u>Time:</u> 4-7:30 pm <u>General info:</u> Women only, 15 yrs and older with parental permission, No experience necessary. <u>Printable flyer:</u> <a href="#">CLICK HERE</a> <u>Directions:</u> <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>
12/5/15	<u>Location:</u> South Windsor Community Center, 150 Nevers Rd., South Windsor, CT <u>Time:</u> 1-5 pm <u>General info:</u> Women only, 15 yrs and older with parental permission, No experience necessary. <u>Printable flyer:</u> <a href="#">CLICK HERE</a> <u>Directions:</u> <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>

The 2014 free classes listed below are in partnership with Jane Doe No More™ and are sponsored by:



	<b>Previous Classes 2014</b>			
1/25/14	<u>Location:</u> Peak Fitness, 1 Klarides Village Drive, Seymour, CT <u>Time:</u> 12:30-4:00 pm <u>General info:</u> Women and girls only, 12 yrs and older with parental permission, <b>this is a mother/daughter class (Note: participants do not have to be with mother or daughter to participate)</b> . No experience necessary. <u>Printable flyer:</u> <a href="#">CLICK HERE</a> <u>Directions:</u> <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>
2/22/14	<u>Location:</u> Post University (Eagle's Nest), 800 Country Club Rd., Waterbury, CT <u>Time:</u> 11:00 am-2:30 pm <u>General info:</u> Women only, 15 yrs and older with parental permission, No experience necessary <u>Printable flyer:</u> <a href="#">CLICK HERE</a> <u>Directions:</u> <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>
3/15/14	<u>Location:</u> Woodland Regional HS, 135 Back Rimmon Rd., Beacon Falls, CT <u>Time:</u> 10:00 am-1:30 pm <u>General info:</u> Women and girls only, 12 yrs and older with parental permission, <b>this is a mother/daughter class (Note: participants do not have to be with mother or daughter to participate)</b> . No experience necessary. <u>Printable flyer:</u> <a href="#">CLICK HERE</a> <u>Directions:</u> <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>
3/17/14	<u>Location:</u> Westover School, 1237 Whittemore Rd., Middlebury, CT <u>Time:</u> 9:30 am-12 pm <u>General info:</u> Women and girls only. <b>This is a private class sponsored by Westover School.</b> No experience necessary. <u>Printable flyer:</u> <a href="#">CLICK HERE</a> <u>Directions:</u> <a href="#">CLICK HERE</a>	EA1	Private	<a href="#">CLICK HERE</a>
3/22/14	<u>Location:</u> Tribury Karate and Fitness, 1432 Old Waterbury Rd., Southbury, CT <u>Time:</u> 12:30-4 pm	EA1	FREE	<a href="#">CLICK HERE</a>









	<p><u>General info:</u> Women and girls only, 12 yrs and older with parental permission, <b>this is a mother/daughter class (Note: participants do not have to be with mother or daughter to participate)</b>. No experience necessary.</p> <p><u>Printable flyer:</u> <a href="#">CLICK HERE</a></p> <p><u>Directions:</u> <a href="#">CLICK HERE</a></p>			
4/6/14	<p><u>Location:</u> BMW of Bridgeport, 43 North Ave., Bridgeport, CT</p> <p><u>Time:</u> 12-3:30 pm</p> <p><u>General info:</u> This is a private class. If you are a customer of BMW of Bridgeport please contact them directly for availability.</p>	EA1	Private	Private
4/15/14	<p><u>Location:</u> Vasi's Restaurant, 1700 Watertown Ave., Waterbury, CT</p> <p><u>Time:</u> 6-9 pm</p> <p><u>General info:</u> This is a private class for Realtors. Please contact your local association for availability</p>	EA1	Private	Private
4/25/14	<p><u>Location:</u> Wilby High School, 460 Bucks Hill Rd., Waterbury, CT</p> <p><u>Time:</u> 4:30-8 pm</p> <p><u>General info:</u> Women only, 15 yrs and older with parental permission, No experience necessary.</p> <p><u>Printable flyer:</u> <a href="#">CLICK HERE</a></p> <p><u>Directions:</u> <a href="#">CLICK HERE</a></p>	EA1	FREE	<a href="#">CLICK HERE</a>
4/26/14	<p><u>Location:</u> Lincoln Technical Institute, 200 John Downey Drive, New Britain, CT</p> <p><u>Time:</u> 10 am-1:30 pm</p> <p><u>General info:</u> Women only, 15 yrs and older with parental permission, No experience necessary.</p> <p><u>Printable flyer:</u> <a href="#">CLICK HERE</a></p> <p><u>Directions:</u> <a href="#">CLICK HERE</a></p>	EA1	FREE	<a href="#">CLICK HERE</a>
5/4/14	<p><u>Location:</u> East Coast Training Systems, 520 Watertown Ave., Waterbury, CT</p> <p><u>Time:</u> 1-3:30 pm</p> <p><u>EA 2 Focus:</u> New strikes, how to take an assailant off their feet, self-defense scenarios- front choke, rear bear hug, knife defenses, and more</p> <p><u>General info:</u> <b>This is an Escape Alive Level 2 Class, previous attendance at a level 1 class is required.</b> This class will be all "hands-on" training. Women only, 15 yrs and older with parental permission day of class.</p> <p><u>Printable flyer:</u> <a href="#">CLICK HERE</a></p> <p><u>Directions:</u> <a href="#">CLICK HERE</a></p>	EA2	\$25	<a href="#">CLICK HERE</a>
5/10/14	<p><u>Location:</u> Wamogo Regional HS, 96 Wamogo Rd., Litchfield, CT</p> <p><u>Time:</u> 10 am-1:30 pm</p> <p><u>General info:</u> Women and girls only, 12 yrs and older with parental permission, <b>this is a mother/daughter class (Note: participants do not have to be with mother or daughter to participate)</b>. No experience necessary.</p> <p><u>Printable flyer:</u> <a href="#">CLICK HERE</a></p> <p><u>Directions:</u> <a href="#">CLICK HERE</a></p>	EA1	FREE	<a href="#">CLICK HERE</a>
5/18/14	<p><u>Location:</u> Bethlehem Junior Women's Club, Memorial Hall, 10 Veterans Memorial Dr., Bethlehem, CT</p> <p><u>Time:</u> 12-3:30 pm</p> <p><u>General info:</u> Women and girls only, 12 yrs and older with parental permission, <b>this is a mother/daughter class (Note: participants do not have to be with mother or daughter to participate)</b>. No experience necessary.</p> <p><u>Printable flyer:</u> <a href="#">CLICK HERE</a></p> <p><u>Directions:</u> <a href="#">CLICK HERE</a></p>	EA1	FREE	<a href="#">CLICK HERE</a>
5/30/14	<p><u>Location:</u> First Church of Bethlehem, Bellany Hall, 21 Main Street South, Bethlehem, CT</p> <p><u>Time:</u> 5-8:30 pm</p> <p><u>General info:</u> Hosted by Girl Scout Troop 64508. Women only, 15 yrs and older with parental permission, No experience necessary. No experience necessary.</p> <p><u>Printable flyer:</u> <a href="#">CLICK HERE</a></p> <p><u>Directions:</u> <a href="#">CLICK HERE</a></p>	EA1	FREE	<a href="#">CLICK HERE</a>
6/10/14	<p><u>Location:</u> Walnut Hill Community Church, 156 Walnut Hill Rd., Bethel, CT</p> <p><u>Time:</u> 6-9:30 pm</p> <p><u>General info:</u> Women and girls only, 12 yrs and older with parental permission, <b>this is a mother/daughter class (Note: participants do not have to be with mother or daughter to participate)</b>. No experience necessary.</p> <p><u>Printable flyer:</u> <a href="#">CLICK HERE</a></p> <p><u>Directions:</u> <a href="#">CLICK HERE</a></p>	EA1	FREE	<a href="#">CLICK HERE</a>
7/19/14	<p><u>Location:</u> East Coast Training Systems, 520 Watertown Ave., Waterbury, CT</p> <p><u>Time:</u> 1-4:30 pm</p> <p><u>General info:</u> Women and girls only, 12 yrs and older with parental permission, <b>this is a mother/daughter class (Note: participants do not have to be with mother or daughter to participate)</b>. No experience necessary.</p> <p><u>Printable flyer:</u> <a href="#">CLICK HERE</a></p> <p><u>Directions:</u> <a href="#">CLICK HERE</a></p>	EA1	FREE	<a href="#">CLICK HERE</a>

7/27/14	<p><u>Location:</u> Bantam Gym, 80 Doyle Road, Litchfield, CT  <u>Time:</u> 11 am-2:30 pm  <u>General info:</u> Hosted by Litchfield Tang Soo Do. Women only, 15 yrs and older with parental permission, No experience necessary. No experience necessary.  <u>Printable flyer:</u> <a href="#">CLICK HERE</a>  <u>Directions:</u> <a href="#">CLICK HERE</a></p>	EA1	FREE	<a href="#">CLICK HERE</a>
8/14/14	<p><u>Location:</u> Southington Community YMCA Learning Center, 29 High Street, Southington, CT  <u>Time:</u> 6 pm-9:30 pm  <u>General info:</u> Women only, 15 yrs and older with parental permission, No experience necessary. No experience necessary.  <u>Printable flyer:</u> <a href="#">CLICK HERE</a>  <u>Directions:</u> <a href="#">CLICK HERE</a></p>	EA1	FREE	<a href="#">CLICK HERE</a>
8/24/14	<p><u>Location:</u> Hyde School, 150 Rte. 169, Woodstock, CT  <u>Time:</u> 11 am-2:30 pm  <u>General info:</u> Women and girls only, 12 yrs and older with parental permission, <b>this is a mother/daughter class (Note: participants do not have to be with mother or daughter to participate)</b>. No experience necessary.  <u>Printable flyer:</u> <a href="#">CLICK HERE</a>  <u>Directions:</u> <a href="#">CLICK HERE</a></p>	EA1	FREE	<a href="#">CLICK HERE</a>
9/6/14	<p><u>Location:</u> Litchfield Community Center, 421 Bantam Rd., Litchfield, CT  <u>Time:</u> 1-4:30 pm  <u>General info:</u> Women and girls only, 12 yrs and older with parental permission, <b>this is a mother/daughter class (Note: participants do not have to be with mother or daughter to participate)</b>. No experience necessary.  <u>Printable flyer:</u> <a href="#">CLICK HERE</a>  <u>Directions:</u> <a href="#">CLICK HERE</a></p>	EA1	FREE	<a href="#">CLICK HERE</a>
10/25/14	<p><u>Location:</u> Tyrrell Middle School, 500 Todd Rd., Wolcott, CT  <u>Time:</u> 9:30 am-1:30 pm  <u>General info:</u> Women and girls only, 12 yrs and older with parental permission, <b>this is a mother/daughter class (Note: participants do not have to be with mother or daughter to participate)</b>. No experience necessary.  <u>Printable flyer:</u> <a href="#">CLICK HERE</a>  <u>Directions:</u> <a href="#">CLICK HERE</a></p>	EA1	FREE	Registration closed
11/1/14	<p><u>Location:</u> Tribury Karate &amp; Fitness, 1432 Old Waterbury Rd., Southbury, CT  <u>Time:</u> 1-4 pm  <u>EA 2 Focus:</u> New strikes, how to take an assailant off their feet, self-defense scenarios- front choke, rear bear hug, knife defenses, and more  <u>General info:</u> <b>This is an Escape Alive Level 1-2 Class, previous attendance at a level 1 class is preferred, but not required.</b> Women only, 15 yrs and older with parental permission day of class.  <u>Printable flyer:</u> <a href="#">CLICK HERE</a>  <u>Directions:</u> <a href="#">CLICK HERE</a></p>	EA1-2	FREE	Registration closed
11/14/14	<u>Location:</u> Sikorsky	EA1	Private	Private
11/16/14	<p><u>Location:</u> Litchfield Community Center, 421 Bantam Rd., Litchfield, CT  <u>Time:</u> 1-4:30 pm  <u>General info:</u> Women and girls only, 12 yrs and older with parental permission, <b>this is a mother/daughter class (Note: participants do not have to be with mother or daughter to participate)</b>. No experience necessary.  <u>Printable flyer:</u> <a href="#">CLICK HERE</a>  <u>Directions:</u> <a href="#">CLICK HERE</a></p>	EA1	FREE	Registration closed
12/7/14	<p><u>Location:</u> Cross Fit Athleo, 213 Christian Lane, Berlin, CT  <u>Time:</u> 10 am-2 pm  <u>General info:</u> Women only, 15 yrs and older with parental permission, No experience necessary. No experience necessary.  <u>Printable flyer:</u> <a href="#">CLICK HERE</a>  <u>Directions:</u> <a href="#">CLICK HERE</a></p>	EA1	FREE	Registration closed
2/16/13	<p><b>Previous Classes 2013</b>  <u>Location:</u> Wolcott Youth Center, 48 Todd Rd., Wolcott, CT  <u>Time:</u> 12-4 pm  <u>General info:</u> Women only, 15 yrs and older with parental permission, No experience necessary  <u>Printable flyer:</u> <a href="#">CLICK HERE</a>  <u>Directions:</u> <a href="#">CLICK HERE</a></p>	EA1	FREE	<a href="#">CLICK HERE</a>
3/2/13	<p><u>Location:</u> Shepaug High School, 159 South Street, Washington, CT  <u>Time:</u> 10-1:30 pm  <u>General info:</u> Women only, 15 yrs and older with parental permission, No experience necessary  <u>Printable flyer:</u> <a href="#">CLICK HERE</a>  <u>Directions:</u> <a href="#">CLICK HERE</a></p>	EA1	FREE	<a href="#">CLICK HERE</a>
3/30/13	<p><u>Location:</u> Beacon Falls Senior Center, 57 North Main Street, Beacon Falls, CT  <u>Time:</u> 1-4:30 pm  <u>General info:</u> Women only, 15 yrs and older with parental permission, No experience necessary</p>	EA1	FREE	<a href="#">CLICK HERE</a>



	Printable flyer: <a href="#">CLICK HERE</a> Directions: <a href="#">CLICK HERE</a>			
4/13/13	Location: Leever Cancer Center, 1075 Chase Parkway, Waterbury, CT Time: 12-3 pm General info: Women only, 15 yrs and older with parental permission, No experience necessary Printable flyer: <a href="#">CLICK HERE</a> Directions: <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>
4/19/13	Location: Watertown Senior Center, 311 Falls Ave., Watertown, CT Time: 1-4 pm General info: Women only, 55 yrs and older, No experience necessary Printable flyer: <a href="#">CLICK HERE</a> Directions: <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>
4/20/13	Location: Middlebury Fire House, 65 Tucker Hill Rd., Middlebury, CT Time: 9 am-12:30 pm General info: Women only, 15 yrs and older with parental permission, No experience necessary Printable flyer: <a href="#">CLICK HERE</a> Directions: <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>
4/23/13	Location: Kaynor Technical HS, 43 Tompkins St., Waterbury, CT Time: 6-9:30 pm General info: Women only, 15 yrs and older with parental permission, No experience necessary Printable flyer: <a href="#">CLICK HERE</a> Directions: <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>
4/27/13	Location: Mill Plain Union Church, 242 Southmayd Rd., Waterbury, CT Time: 12:30-4 pm General info: Women only, 15 yrs and older with parental permission, No experience necessary. Printable flyer: <a href="#">CLICK HERE</a> Directions: <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>
5/10/13	Location: Wilby High School, 460 Bucks Hill Rd., Waterbury, CT Time: 3:30-7 pm General info: Women only, 15 yrs and older with parental permission, No experience necessary. Printable flyer: <a href="#">CLICK HERE</a> Directions: <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>
5/18/13	Location: Tribury Karate and Fitness, 1432 Old Waterbury Rd., Southbury, CT Time: 12-3:30 pm General info: Women and girls only, 12 yrs and older with parental permission, <b>this is a mother/daughter class (Note: participants do not have to be with mother or daughter to participate)</b> . No experience necessary. Printable flyer: <a href="#">CLICK HERE</a> Directions: <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>
6/15/13	Location: Regency at Prospect, 120 Scott Rd., Prospect, CT Time: 11-2:00 pm General info: Women only, 15 yrs and older with parental permission, No experience necessary. Printable flyer: <a href="#">CLICK HERE</a> Directions: <a href="#">CLICK HERE</a>	EA1	FREE	Registration Closed
7/13/13	Location: Peak Fitness, 1 Klarides Village Drive, Seymour, CT Time: 11-2:30 pm General info: Women only, 15 yrs and older with parental permission, No experience necessary. Printable flyer: <a href="#">CLICK HERE</a> Directions: <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>
7/20/13	Location: CL&P, Freight Street, Waterbury, CT Time: 11-3:00 pm General info: Women only, 15 yrs and older with parental permission, No experience necessary. Printable flyer: <a href="#">CLICK HERE</a> Directions: <a href="#">CLICK HERE</a>	EA1	FREE	Registration Closed
8/10/13	Location: Cheer Virtue Evolution, 558 Federal Rd., Brookfield, CT Time: 11-2:30 pm General info: Women only, 15 yrs and older with parental permission, No experience necessary. Printable flyer: <a href="#">CLICK HERE</a> Directions: <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>
8/25/13	Location: *New Location- Congregational Church, 1 Division St, Naugatuck, CT Time: 1:30-5 pm General info: Women only, 15 yrs and older with parental permission, No experience necessary. Printable flyer: <a href="#">CLICK HERE</a> Directions: <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>

9/15/13	<b>Location:</b> Eastern Greenwich Civic Center, 90 Harding Rd., Old Greenwich, CT <b>Time:</b> 9 am-12:30 pm <b>General info:</b> Women only, 15 yrs and older with parental permission, No experience necessary. <b>Printable flyer:</b> <a href="#">CLICK HERE</a> <b>Directions:</b> <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>
11/9/13	<b>Location:</b> Slalom Consulting, Hartford, CT <b>Time:</b> Not open to the public <b>General info:</b> Women only, 15 yrs and older with parental permission, No experience necessary. <b>Printable flyer:</b> <a href="#">CLICK HERE</a> <b>Directions:</b> <a href="#">CLICK HERE</a>	EA1	FREE	Registration Closed
11/10/13	<b>Location:</b> Charland Institute of Karate and Fitness, 979 Main St, Watertown, CT <b>Time:</b> 10 am-1:30 pm <b>General info:</b> Women and girls only, 12 yrs and older with parental permission, <b>this is a mother/daughter class (Note: participants do not have to be with mother or daughter to participate)</b> . No experience necessary. <b>Printable flyer:</b> <a href="#">CLICK HERE</a> <b>Directions:</b> <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>
12/7/13	<b>Location:</b> Dixwell Congregational Church, 217 Dixwell Ave., New Haven, CT <b>Time:</b> 1-4:30 pm <b>General info:</b> Women only, 15 yrs and older with parental permission, No experience necessary. <b>Printable flyer:</b> <a href="#">CLICK HERE</a> <b>Directions:</b> <a href="#">CLICK HERE</a>	EA1	FREE	<a href="#">CLICK HERE</a>

<b>Previous Classes 2012</b>				
8/11/12	<b>East Coast Training Systems, Waterbury, CT ***Special Mother/Daughter Class***</b> <b>Location:</b> 1806 East Main Street (next to PowerFlex gym), Waterbury, CT <b>Time:</b> 2-5pm <b>General Info:</b> Women/Girls only, 12 yrs and older, participants 17 yrs and younger without accompanying mother/guardian must have parental permission form, No experience necessary. <b>Registration price:</b> Pre-registration- \$35 mothers/adults, \$25 for each daughter accompanying mother; Day of \$40 for adult/mother, \$30 for daughter. Please contact Daniele at <a href="mailto:daniele@escapealive.net">daniele@escapealive.net</a> for specific questions.	EA1	Pre-reg \$35/\$25 Day of \$40/\$30	Online registration closed
7/27/12	<b>Tribury Karate and Fitness, Southbury, CT ***Special Mother/Daughter Class***</b> <b>Location-</b> 1432 Old Waterbury Road, Suite 13, Southbury, CT <b>Time-</b> 6-9pm <b>General Info-</b> This is an Escape Alive Level 2 class. Women/Girls only, 12 yrs and older, participants 17 yrs and younger without accompanying mother/guardian must have parental permission form, No experience necessary. <b>EA 2 focus-</b> How to take an attacker down, escaping rear chokes, escaping hand grabs, working as a team, and more. <b>Registration price-</b> Pre-registration- \$35 mothers/adults, \$25 for each daughter accompanying mother; Day of \$40 for adult/mother, \$30 for daughter. Please contact Daniele at <a href="mailto:daniele@escapealive.net">daniele@escapealive.net</a> for specific questions.	EA2	Pre-reg \$35/\$25 Day of \$40/\$30	Online registration closed
6/6/12	<b>Infinity Fitness, Darien, CT</b> <b>Location-</b> 264 Heights Road, Darien, CT <b>Time-</b> 1:30-5pm <b>General Info-</b> This class is in conjunction with <a href="#">85 Broads</a> . Women only, 15 yrs and older with parental permission, No experience necessary, \$25 pre-registration. This class is sponsored by:  "A Communication Skills Consultancy"	EA1	Pre-reg \$25	Online registration closed
The classes below in Blue are part of a special 10 class series for the Spring of 2012. Participation in any class in the series is \$20, thanks to the following sponsors and community organizations: <div>      </div>				
3/8/12	<b>University of Connecticut (Waterbury Campus), Waterbury, CT</b> <b>Location-</b> 99 East Main Street, Waterbury, CT- Rooms 113, 116, and 119 <b>Time-</b> 6-9pm <b>General Info-</b> EA1- Women only, 15 yrs and older with parental permission, No experience necessary, \$20 pre-registered, \$25 at door.	EA1	Pre-reg \$20 Day of \$25	Registration closed

3/11/12	<b>Stepping Stones, Waterbury, CT</b> <u>Address-</u> 63 Prospect Street, Waterbury, CT- Gym <u>Time-</u> 12-3pm <u>General Info-</u> Women only, 15 yrs and older with parental permission, No experience necessary, \$20 pre-registered, \$25 at door.	EA1	Pre-reg \$20 Day of \$25	<b>Registration closed</b>
3/24/12	<b>Naugatuck Valley Community College, Waterbury, CT</b> <u>Address-</u> 750 Chase Parkway, Waterbury, CT- Cafe West <u>Time-</u> 11am-2pm <u>General Info-</u> Women only, 15 yrs and older with parental permission, No experience necessary, \$20 pre-registered, \$25 at door.	EA1	Pre-reg \$20 Day of \$25	<b>Registration closed</b>
4/1/12	<b>Waterbury YMCA, Waterbury, CT</b> <u>Address-</u> 136 West Main Street, Waterbury, CT- Gym <u>Time-</u> 12-3pm <u>General Info-</u> Women only, 15 yrs and older with parental permission, No experience necessary, \$20 pre-registered, \$25 at door.	EA1	Pre-reg \$20 Day of \$25	<b>Registration closed</b>
4/11/12	<b>Town of Naugatuck, Naugatuck, CT</b> <u>Address-</u> 229 Church Street, Naugatuck, CT- Hall of Burgess <u>Time-</u> 9am-12pm <u>General Info-</u> <b>This class is open to employees of the town and their families only.</b> Women only, 15 yrs and older with parental permission, No experience necessary, \$20 pre-registered, \$25 at door.	EA1	Pre-reg \$20 Day of \$25	<b>Registration closed</b>
4/25/12	<b>Kaynor Technical High School, Waterbury, CT *Special Mother/Daughter Class*</b> <u>Address-</u> 43 Tompkins Street, Waterbury, CT- Gym <u>Time-</u> 6-9pm <u>General Info-</u> Women/Girls only, 12 yrs and older, participants 17 yrs and younger without accompanying mother/guardian must have parental permission form, No experience necessary, \$20 pre-registered, \$25 at door.	EA1	Pre-reg \$20 Day of \$25	<b>Registration closed</b>
4/28/12	<b>Southbury Volunteer Fire Dept., Southbury, CT ***Special Mother/Daughter Class***</b> <u>Address-</u> 461 Main Street South, Southbury, CT- Main Room <u>Time-</u> 11am-2pm <u>General Info-</u> Women/Girls only, 12 yrs and older, participants 17 yrs and younger without accompanying mother/guardian must have parental permission form, No experience necessary, \$20 pre-registered, \$25 at door.	EA1	Pre-reg \$20 Day of \$25	<b>Registration closed</b>
4/29/12	<b>Litchfield Athletic Club, Litchfield, CT</b> <u>Address-</u> 599 Bantam Road, Litchfield, CT <u>Time-</u> 9am-12pm <u>General Info-</u> Women only, 15 yrs and older with parental permission, No experience necessary, \$20 pre-registered, \$25 at door.	EA1	Pre-reg \$20 Day of \$25	<b>Registration closed</b>

### Thank You for making Escape Alive with Jane Doe No More a Success!

We would like to thank everyone who participated and supported the Escape Alive/Jane Doe No More program in 2010 and 2011. We have reached hundreds of girls and women of all ages, and empowered them with life saving skills. It has been a great experience thus far and we are looking forward to expanding the program even further.

We are currently setting up dates for 2012. We are also excited to announce an upcoming 10 class series from March to April 2012. These classes will be held at various locations in CT including Waterbury, Fairfield, Middlebury, Southbury, Naugatuck, Litchfield, Watertown, and more. Information and registration should be available in January 2012.

For those of you that have already attended one of our initial classes we are also working on new classes with different focal points and skill sets that will build off the knowledge of the Level 1 class. These classes will have new scenario training including vehicle, home, and multiple attacker situations. Please check back in January for the latest.

Thank you again. We look forward to seeing new faces and returning participants in the coming year!

--	--	--	--	--